

1 **TSC1 phosphorylation by lysosomal mTORC1 establishes a**  
2 **minimal autoregulatory feedback loop**

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14

## 15 **Summary**

16 mTORC1 lies at the center of an intricate signaling network that allows cells to  
17 homeostatically respond to a multitude of intra- and extracellular cues. Although this  
18 network is dynamically rewired to prevent excessive mTORC1 activation under  
19 permissive conditions, the mechanisms that fine-tune its activity remain incompletely  
20 understood. Here, we identify TSC1 (tuberous sclerosis complex 1), a core subunit of  
21 the mTORC1-inhibitory TSC complex, as a direct mTORC1 substrate, thus  
22 establishing an autoregulatory circuit in mTOR signaling. Notably, TSC1 combines  
23 features of both canonical and non-canonical/lysosomal mTORC1 substrates: while its  
24 phosphorylation depends on Rheb activation and growth factor signaling, it also  
25 requires an intact lysosomal LAMTOR–Rag GTPase supercomplex. In turn, TSC1  
26 phosphorylation selectively influences lysosomal mTORC1 signaling, as expression of  
27 a phospho-dead TSC1 mutant is associated with lower levels of TFEB  
28 phosphorylation, increased nuclear TFE3 translocation, and enhanced lysosome  
29 biogenesis, while phosphorylation of S6K1, a non-lysosomal canonical substrate,  
30 remains largely unaffected. Mechanistically, phosphorylation of TSC1 by mTORC1  
31 promotes its stability, with a non-phosphorylatable mutant undergoing proteasomal  
32 degradation. In sum, these findings reveal a minimal feedback loop within the mTOR  
33 network that orchestrates compartmentalized signaling to selectively control the  
34 activation of processes downstream of lysosomal mTORC1 signaling.

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## 38 **Keywords**

39 mTORC1, TSC complex, lysosomes, TFEB/TFE3, RHEB GTPase

40

## 41 **Introduction**

42 The mammalian/mechanistic target of rapamycin (mTORC1) is a protein complex with  
43 kinase activity that integrates a wide variety of environmental cues such as growth  
44 factors, energy levels, oxygen status, and amino acids, to regulate cellular growth.  
45 mTORC1 regulates multiple diverse downstream processes, including protein  
46 synthesis, ribosome biogenesis, autophagy, and lysosome biogenesis, by  
47 phosphorylating its downstream substrates <sup>1-3</sup>. mTORC1 largely assimilates these  
48 diverse stimuli via signaling pathways that relay the status of these conditions through  
49 specific phosphorylation events on the tuberous sclerosis complex (TSC) <sup>4</sup>.

50

51 The heterotrimeric TSC complex is the major negative regulator of mTORC1 activity  
52 and comprises the proteins TSC1, TSC2 (also known as Hamartin and Tuberin,  
53 respectively), and the auxiliary component TBC1D7 (TBC1 domain family member 7)  
54 in a 2:2:1 stoichiometry <sup>5,6</sup>. Mutations in TSC1 or TSC2 are linked to tuberous sclerosis  
55 complex (TSC), a rare genetic disorder characterized by the formation of benign  
56 tumors (hamartomas) in multiple organs, including the brain, skin, kidneys, and heart,  
57 as well as neurological symptoms such as epilepsy and developmental delay <sup>7,8</sup>. The  
58 TSC2 subunit of the complex contains a C-terminal GTPase-activating protein (GAP)  
59 domain that is responsible for GTP hydrolysis of the RHEB GTPase (Ras homolog  
60 enriched in brain), the direct upstream activator of mTORC1 <sup>9,10</sup>. While TSC2  
61 possesses GAP activity, TSC1 is an obligate regulatory partner that promotes TSC  
62 complex activity by stabilizing TSC2 <sup>11,12</sup>. More recently, TSC1 was shown to be a  
63 determining factor in the lysosomal localization of the complex <sup>13</sup>. Lysosomal  
64 recruitment of the TSC complex is integral to its ability to suppress mTORC1 signaling.  
65 Under conditions of nutrient or growth factor deprivation, as well as in response to  
66 various cellular stresses, the TSC complex translocates to the lysosomal surface,

67 where it encounters RHEB and converts it from the active GTP-bound form to the  
68 inactive GDP-bound form, thereby inhibiting mTORC1 activity<sup>9,14-17</sup>. Notably, genetic  
69 deletion of either TSC1 or TSC2 leads to constitutive activation of mTORC1, making it  
70 unresponsive to perturbations in cellular growth conditions, thus highlighting the crucial  
71 role of the TSC complex in orchestrating mTORC1 activity<sup>7,8,18</sup>.

72

73 Given the vast array of biological processes controlled by mTORC1, fine-tuning its  
74 activity is of utmost importance for cellular physiology. To ensure that the pathway is  
75 kept under homeostatic control, feedback loops exist to maintain optimal signaling  
76 output of mTORC1<sup>19</sup>. In several cases, feedback regulation in the pathway is mediated  
77 via the deposition of phosphorylation marks on the TSC complex by distal signaling  
78 kinases<sup>20</sup>. For instance, when mTORC1 is suppressed, feedback regulation of  
79 upstream signaling effectors, involving lipid second messengers and mTORC2, leads  
80 to compensatory activation of the PI3K-AKT pathway upstream of the TSC complex to  
81 ultimately restore mTORC1 basal activity<sup>21-24</sup>. Conversely, when mTORC1 is  
82 constitutively active, the exact feedback mechanisms are engaged to keep the  
83 pathway homeostatically balanced by terminating upstream signaling events. Although  
84 many of the distal signaling networks that are involved in the feedback regulation of  
85 the mTORC1 pathway upon its hyperactivation have been described before, the effect  
86 on more proximal components of the mTOR pathway is thus far unexplored.

87

88 Here, by using genetic, pharmacological, and nutritional means to perturb mTORC1  
89 activity, we identify TSC1 as a novel mTORC1 substrate. TSC1 phosphorylation  
90 depends on an intact lysosomal nutrient-sensing machinery and responds to changes  
91 in amino acid, glucose, and growth factor availability. Lack of mTORC1-dependent  
92 phosphorylation on TSC1 decreases its stability and preferentially affects lysosomal

93 mTORC1 activity, while the phosphorylation of S6K1, a non-lysosomal mTORC1  
94 target, remains unchanged. Overall, our results reveal an autoregulatory feedback  
95 loop, shaped by the TSC, RHEB, and mTORC1 signaling modules, that operates to  
96 fine-tune substrate-specific mTORC1 signaling in cells.

97

98

## 99 **Results**

### 100 *mTORC1 activation drives TSC1 phosphorylation*

101 RHEB is the immediate upstream positive regulator of mTORC1, and RHEB  
102 overexpression systems are commonly used to assess the consequences of mTORC1  
103 activation <sup>25</sup>. Using such models, we previously examined the role of RHEB in the  
104 regulation of mTORC1 by nutrients and osmostress <sup>17,25</sup>. In the course of these studies,  
105 we noticed that transient expression of wild-type RHEB or of the constitutively active  
106 RHEB S16H (RHEB<sup>S16H</sup>) mutant <sup>26</sup> in HEK293FT cells led to a pronounced mobility  
107 shift of TSC1 on SDS-PAGE, coinciding with elevated mTORC1 activity, as evidenced  
108 by an increase in the phosphorylation of its canonical substrate S6K1 (Figure 1A). This  
109 effect was absent in cells expressing an inactive RHEB mutant (I39K), indicating that  
110 the perceived upshift in TSC1 migration was the result of increased RHEB activity  
111 rather than its elevated protein levels. Similar results were obtained in cells expressing  
112 RHEBL1, a functionally redundant paralog of RHEB, as well as an oncogenic RHEB  
113 mutant (Y35N) (Figure S1A-B) <sup>27,28</sup>.

114

115 Phosphorylation-dependent electrophoretic mobility shift in SDS-PAGE is a common  
116 phenomenon in cell signaling studies. Indeed, treatment of cell lysates with  $\lambda$ -  
117 phosphatase abolished the TSC1 mobility shift, confirming that the RHEB-induced  
118 TSC1 modification is phosphorylation-dependent (Figure 1A). Furthermore, treatment

119 of RHEB<sup>S16H</sup>-expressing cells with Torin1, a catalytic inhibitor of mTOR (Figure 1B),  
120 fully and rapidly restored TSC1 electrophoretic mobility within one hour, indicating that  
121 mTOR mediates the RHEB-dependent phosphorylation of TSC1. This was not due to  
122 the involvement of mTORC2, as Rheb<sup>S16H</sup> overexpression—which promotes TSC1  
123 hyperphosphorylation—did not cause detectable changes in AKT1 phosphorylation, a  
124 typical read-out of mTORC2 activity (Figures 1A-B).

125

126 To assess whether this effect is applicable also to different models of mTORC1  
127 hyperactivation, we examined the mobility shift of TSC1 in TSC2 knockout (KO) cells.  
128 Surprisingly, despite strong mTORC1 hyperactivation in these cells, TSC1  
129 phosphorylation remained unchanged, even when overexpressing RHEB<sup>S16H</sup> (Figure  
130 S1C). Therefore, we hypothesized that the integrity of the TSC complex may be  
131 required for mTORC1-dependent phosphorylation of TSC1. Indeed, reconstitution of  
132 TSC2 KO cells with a GAP-inactive TSC2 mutant—in which endogenous RHEB and  
133 mTORC1 signaling is hyperactive, despite the presence of an intact TSC complex—  
134 led to strongly elevated TSC1 phosphorylation (Figure 1C). The upshift in TSC1  
135 mobility was observed also in human osteosarcoma U2OS cancer cells exogenously  
136 expressing RHEB<sup>S16H</sup>, and in mouse embryonic fibroblasts (MEFs) stably expressing  
137 GAP-mutant TSC2, showing that this effect is not cell-type- or species-specific (Figures  
138 S2A-B).

139

#### 140 *TSC1 is a direct, physiological mTORC1 substrate*

141 To identify the mTORC1-dependent phosphorylation sites on TSC1, we combined  
142 endogenous TSC1 immunoprecipitation with mass spectrometry, using HEK293FT  
143 cells expressing RHEB<sup>S16H</sup>, treated with Torin1 or DMSO as control. These  
144 experiments led to the identification of two TSC1 peptides containing residues T1047

145 and S1080, respectively, whose phosphorylation was detected in RHEB<sup>S16H</sup>-  
146 expressing cells and reduced upon mTOR inhibition (Figure 2A and Table S1),  
147 suggesting that TSC1<sup>T1047</sup> and TSC1<sup>S1080</sup> may be phosphorylated by mTORC1.

148

149 To look more closely into TSC1 phosphorylation by mTORC1, we next generated a  
150 phospho-specific antibody recognizing the epitope surrounding phospho-S1080 in  
151 human TSC1 (S1074 in mouse TSC1). Using TSC1 KO cells re-expressing wild-type  
152 TSC1 or a phospho-dead S1080A TSC1 mutant, we confirmed the specific detection  
153 of S1080 phosphorylation on immunopurified endogenous TSC1 (Figure S3).  
154 Moreover, an increase in TSC1<sup>S1080</sup> phosphorylation correlated with the TSC1 upshift  
155 and elevated mTORC1 signaling in TSC2 KO cells expressing a TSC2 GAP-inactive  
156 mutant, consistent with our mass spectrometry data (Figure 2B). Further supporting  
157 that TSC1<sup>T1047</sup> may be an mTORC1-dependent phosphosite, the sequence  
158 immediately downstream of T1047 is occupied by a proline residue, in line with mTOR  
159 being a proline-directed kinase (Figure 2A) <sup>29</sup>. Indeed, using a phospho-threonine-  
160 proline antibody (that detects phosphorylated threonine residues only when followed  
161 by proline), we confirmed the mTOR-dependent phosphorylation on immunopurified  
162 TSC1 (Figure 2C).

163

164 A remarkable feature of the mTOR pathway is the wide range of intracellular and  
165 extracellular cues it integrates. To investigate whether physiological stresses that are  
166 known to control mTORC1 activity can also impinge on TSC1 phosphorylation, we  
167 starved cells from, or resupplemented them with amino acids (AAs), growth factors, or  
168 glucose. Resembling the behavior of well-described canonical mTORC1 substrates,  
169 like S6K1 and 4E-BP1, withdrawal of amino acids, growth factors, or glucose resulted

170 in a robust decrease in TSC1 phosphorylation, followed by recovery upon  
171 resupplementation (Figures 2D-F).

172

173 We then investigated whether TSC1 may serve as a direct substrate of mTORC1. To  
174 test this, we performed *in vitro* kinase assays using immunopurified endogenous  
175 mTOR and a bacterially-expressed, C-terminal fragment of TSC1 (aa 989-1163), or  
176 recombinant 4E-BP1 as a positive control. These experiments showed that mTOR  
177 complexes can phosphorylate TSC1<sup>S1080</sup> directly and specifically, as this modification  
178 was abolished entirely by Torin1 treatment (Figure 2G). Moreover, co-  
179 immunoprecipitation (co-IP) experiments revealed interactions between ectopically  
180 expressed HA-tagged RAPTOR, a unique accessory component of mTORC1 that is  
181 known to mediate canonical substrate recruitment, and endogenous TSC1 and TSC2  
182 proteins (Figure 2H). Based on the premise that the presence of TSC2 is necessary  
183 for TSC1 phosphorylation by mTORC1 (Figure S1C), we reasoned that TSC2 may be  
184 the scaffold for the interaction between mTORC1 and the TSC complex. However, HA-  
185 tagged RAPTOR could readily interact with TSC1 also in TSC2 KO cells, or in cells  
186 expressing an N-terminally truncated TSC2 form that lacks the first 424 amino acids,  
187 encompassing its TSC1-binding domain ( $\Delta$ T1BD)<sup>30</sup> (Figure S4). Thus, while TSC2 is  
188 essential for mTORC1 to phosphorylate TSC1, the TSC1-mTORC1 interaction can  
189 also occur independently of TSC2. Collectively, our data support a model wherein  
190 mTORC1 directly interacts with and phosphorylates TSC1, thereby establishing the  
191 latter as a previously unrecognized mTORC1 substrate.

192

### 193 *TSC1 phosphorylation requires intact lysosomal mTORC1 signaling*

194 Under nutrient-replete conditions, the Rag GTPases (hereafter referred to as the Rags)  
195 promote the recruitment and activation of a fraction of mTORC1 on the lysosomal

196 surface, thereby coupling amino acid availability to mTORC1 signaling<sup>31-34</sup>. The Rags  
197 function as obligate heterodimers, consisting of either RagA or RagB bound to RagC  
198 or RagD, and the four possible Rag combinations have been shown to be functionally  
199 non-redundant in regulating mTORC1 activity toward its various substrates<sup>35</sup>. In  
200 addition to their role in mTORC1 tethering, the Rag GTPases also mediate localization  
201 of the TSC complex to lysosomes upon amino acid withdrawal, primarily via  
202 interactions between RagA and TSC2<sup>17</sup>. Finally, recent studies revealed the spatial  
203 separation of mTORC1 signaling in cells, with lysosomal and non-lysosomal mTORC1  
204 phosphorylating distinct substrates at each subcellular location<sup>33</sup>.

205

206 To test whether lysosomal mTORC1 signaling is required for TSC1 phosphorylation,  
207 we transiently knocked down expression of the RagA/RagC or the RagB/RagD dimers  
208 in cells expressing GAP-mutant TSC2 that demonstrate mTORC1 hyperactivation and  
209 elevated TSC1 phosphorylation. Notably, knockdown of RagA/C—but not of RagB/D—  
210 could fully reverse the TSC1 upshift in these cells (Figure 3A), which is consistent with  
211 the previously-described role of RagA-containing dimers in mediating the lysosomal  
212 recruitment of the TSC<sup>17</sup>. In contrast, the phosphorylation of S6K1, a cytoplasmic  
213 mTORC1 substrate, was largely unaffected by either Rag knockdown combination  
214 (Figure 3A), in agreement with recent work demonstrating the Rag- and lysosome-  
215 independent regulation of S6K1 phosphorylation downstream of mTORC1<sup>33</sup>.

216

217 As RagC-containing dimers dynamically cycle between the cytoplasm and the  
218 lysosomal surface in a nutrient-dependent manner<sup>35,36</sup>, we next asked if TSC1  
219 phosphorylation is a lysosomal event or occurs in a Rag-dependent manner elsewhere  
220 in the cell. To test this, we disrupted lysosomal anchoring of Rag GTPases by depleting  
221 Lamtor1, a core component of the LAMTOR (late endosomal/lysosomal adaptor,

222 MAPK and mTOR activator) complex that scaffolds the Rags to the lysosomal  
223 membrane<sup>37-39</sup>. RNAi-mediated silencing of Lamtor1 led to a strong reduction in  
224 TSC1<sup>S1080</sup> phosphorylation, to a level comparable to Torin1 treatment (Figure 3B).  
225 Consistent results were obtained in cells treated with Bafilomycin A1 (BafA1), a  
226 macrolide antibiotic and potent v-ATPase inhibitor that perturbs lysosomal function and  
227 is known to specifically inhibit mTORC1 activity toward its lysosomal substrates, such  
228 as TFEB and TFE3, even in the presence of exogenous AAs<sup>33,40,41</sup> (Figure 3C). Finally,  
229 Lamtor1 knockdown in cells ectopically expressing HA-tagged RAPTOR weakened its  
230 association with the TSC (Figure 3D), indicating that the LAMTOR complex may be  
231 bridging mTORC1 and TSC1 for the latter to be phosphorylated on lysosomes.

232

233 Farnesylation of RHEB facilitates its anchorage to various endomembranes, including  
234 lysosomes<sup>42</sup>. Interestingly, exogenous expression of a RHEB truncate lacking the C-  
235 terminal farnesylation motif ( $\Delta$ 180) was not able to drive TSC1 phosphorylation, while  
236 it potently enhanced the phosphorylation of S6K1, a cytoplasmic mTORC1 substrate  
237 (Figure 3E). Taken together, these findings demonstrate that TSC1 phosphorylation  
238 by mTORC1 requires an intact Rag-LAMTOR supercomplex, membrane-localized  
239 RHEB, and functional lysosomal mTORC1 signaling, thus highlighting TSC1 as a *bona*  
240 *fide* lysosomal mTORC1 substrate (Figure 3F).

241

242 *mTORC1-dependent phosphorylation stabilizes TSC1 and selectively regulates*  
243 *lysosomal mTORC1 signaling*

244 To elucidate the impact of TSC1 phosphorylation, predicated on our knowledge of the  
245 phospho-acceptor residues, we generated TSC1 KO cells in which we transiently  
246 expressed either wild-type TSC1 or a non-phosphorylatable mutant harboring alanine  
247 substitutions for the respective mTORC1 sites T1047 and S1080 (hereafter TSC1<sup>2A</sup>)

248 (Figure 2A). Strikingly, TSC1 protein levels were markedly reduced in cells expressing  
249 the phospho-deficient TSC1<sup>2A</sup> mutant, suggesting that TSC1 phosphorylation  
250 promotes its stability. Treatment with the proteasome inhibitor MG132 restored TSC1<sup>2A</sup>  
251 protein levels, indicating that mTORC1-dependent phosphorylation regulates TSC1  
252 protein levels in a proteasomal-dependent manner (Figure 4A). Because TSC complex  
253 integrity contributes to the mutual stabilization of TSC1 and TSC2<sup>5</sup>, we speculated  
254 that the decrease in TSC1<sup>2A</sup> protein levels may be the result of impaired interaction  
255 between the mutant TSC1 with TSC2. However, TSC1<sup>WT</sup> or TSC1<sup>2A</sup> showed similar  
256 binding to TSC2 in co-IP experiments, indicating that the phosphorylation-dependent  
257 effects on TSC1 protein stability do not involve changes in TSC complex integrity  
258 (Figure 4B). As an independent confirmation of the mTORC1-driven control of TSC1  
259 protein stability, Torin1 treatment accelerated TSC1 turnover in cycloheximide (CHX)-  
260 treated cells (Figures 4C-D).

261  
262 TSC-deficient cells typically display elevated mTORC1 signaling toward its non-  
263 lysosomal substrates, such as S6K1, and paradoxically decreased signaling toward its  
264 lysosomal substrates, such as TFEB<sup>43-45</sup> (Figures 1C and 2B). Therefore, we  
265 reasoned that the mTORC1-dependent effects on TSC1 protein stability may, in turn,  
266 feed back into mTORC1 signaling toward its other substrates. Indeed, cells expressing  
267 TSC1<sup>2A</sup>—that is less stable than wild-type TSC1—displayed strongly decreased TFEB  
268 phosphorylation, compared to TSC1<sup>WT</sup>-expressing cells (Figures 4E-F). Conversely,  
269 S6K1 phosphorylation was comparable between TSC1<sup>2A</sup>- and TSC1<sup>WT</sup>-expressing  
270 cells (Figures 4E,G), suggesting a substrate-selective mode of mTORC1 regulation  
271 downstream of TSC1 phosphorylation. As expected, the downregulation of lysosomal  
272 mTORC1 signaling was accompanied by elevated nuclear relocalization of TFE3—  
273 another MiT/TFE family transcription factor (Figures 4H-I). Finally, in line with the role

274 of TFEB/TFE3 in promoting the transcription of genes implicated in lysosome  
275 biogenesis <sup>46</sup>, TSC1<sup>2A</sup>-expressing cells showed an overall increase in lysosome  
276 abundance, as assessed by LysoTracker staining (Figure 4J). In summary, these data  
277 show that mTORC1-mediated phosphorylation of TSC1 stabilizes the protein by  
278 preventing its proteasomal degradation and, in turn, TSC1 phosphorylation selectively  
279 regulates the lysosomal branch of mTORC1 signaling, thus establishing a lysosomal  
280 autoregulatory circuit to fine-tune its activity.

281

282

## 283 **Discussion**

284 For more than two decades, the mTOR signaling pathway has been known to operate  
285 in a linear fashion in which the TSC complex regulates the nucleotide-binding status  
286 of RHEB to control the catalytic activity of mTORC1 <sup>9,10,14</sup>. Here, we demonstrate that  
287 mTORC1 also functions immediately upstream of the TSC complex, thus forming a  
288 minimal TSC-mTORC1-TSC feedback loop (Figure 4K). The importance of such a  
289 short signaling circuit lies in the fact that any dysregulation upstream of the TSC  
290 complex, such as alterations in the PI3K/AKT or RAS/MAPK pathways, can potentially  
291 be overridden by phosphorylation events on TSC1 that directly modulate lysosomal  
292 mTORC1 activity.

293

294 Although TSC1 can be phosphorylated by multiple kinases, including PLK1, CDK1,  
295 and IKK $\beta$  <sup>47-49</sup>, mTORC1 itself has not been previously described to act directly on the  
296 TSC. Here, using different cellular models of mTORC1 hyperactivation, we initially  
297 observed an upshift in TSC1 mobility on SDS-PAGE, which we found is due to an  
298 increase in its phosphorylation. After confirming that mTORC1 is the upstream kinase  
299 responsible for mediating this effect, we identified two mTORC1-dependent

300 phosphites on TSC1, T1047 and S1080, thereby establishing TSC1 as a novel direct  
301 mTORC1 substrate.

302

303 How is TSC1 phosphorylation regulated? Under nutrient-replete conditions, a fraction  
304 of mTORC1 accumulates on the lysosomal surface, whereas the TSC complex resides  
305 mainly in the cytoplasm. Upon nutrient deprivation, this distribution is reversed, with  
306 the lysosomal mTORC1 puncta disappearing, and a fraction of TSC relocating to  
307 lysosomes<sup>17</sup>. Importantly, the localization of the two complexes on the lysosomal  
308 surface is—apparently—not mutually exclusive. First, under basal culture conditions,  
309 active mTORC1 dynamically cycles between lysosomes and the cytoplasm on a  
310 continuous basis<sup>50</sup>. Moreover, a fraction of TSC complexes is found associated with  
311 lysosomes even in cells grown in nutrient-replete media<sup>14,17,51</sup>. These previous  
312 findings support a model in which active mTORC1 and a fraction of the TSC complex  
313 can coexist on the lysosomal surface<sup>52-54</sup>.

314

315 Our data show that disruption of the LAMTOR-Rag supercomplex markedly reduced  
316 TSC1 phosphorylation by mTORC1, whereas phosphorylation of S6K1—a non-  
317 lysosomal mTORC1 substrate—was largely unaffected, in line with recent work<sup>33</sup>.  
318 Therefore, TSC1 phosphorylation is regulated in a manner similar to that of other  
319 lysosomal mTORC1 targets, like TFEB and TFE3. Notably, however, TSC1  
320 phosphorylation is also regulated downstream of growth factor signaling (in addition to  
321 AA and glucose availability), is boosted by RHEB overexpression, and is diminished  
322 by rapamycin treatment, therefore resembling the regulation of most canonical  
323 mTORC1 substrates. Therefore, our data reveal TSC1 as a unique mTORC1 substrate  
324 whose regulation combines features of both canonical and non-canonical targets.

325

326 Previous studies established that TSC2 stability depends on its interaction with TSC1,  
327 which acts as an Hsp90 co-chaperone to prevent HERC1-mediated ubiquitination and  
328 degradation<sup>11,12</sup>. Additional E3 ligases, including members of the TRIM (tripartite motif)  
329 family, target both TSC1 and TSC2 for proteasomal degradation<sup>55</sup>, while sustained  
330 AKT activation disrupts the TSC complex and promotes proteasome-dependent TSC2  
331 turnover<sup>56</sup>. Less is known about the mechanisms controlling TSC1 stability. Here, we  
332 report that a phospho-dead TSC1<sup>2A</sup> mutant exhibits markedly enhanced protein  
333 turnover, compared with wild-type TSC1, driven by proteasome-dependent  
334 degradation. Notably, this effect is independent of TSC2 binding, as wild-type and the  
335 phospho-dead TSC1 mutant are similarly capable of interacting with TSC2.  
336 Accordingly, both mTORC1-dependent phosphorylation sites reside at the C-terminal  
337 region of TSC1, not overlapping with its coiled-coil domain or with regions required for  
338 its association with TSC2 or TBC1D7<sup>5,6</sup>. Together, these findings indicate that  
339 mTORC1-mediated phosphorylation stabilizes TSC1, independently of TSC complex  
340 formation, revealing a protective mechanism by which mTORC1 safeguards its own  
341 negative regulator.

342

343 Expression of the phospho-dead TSC1<sup>2A</sup> mutant led to reduced TFEB phosphorylation  
344 and increased TFE3 nuclear localization, compared to cells expressing wild-type  
345 TSC1, while S6K1 phosphorylation was not significantly different by TSC1  
346 phosphorylation. Such opposing effects on lysosomal versus non-lysosomal  
347 substrates have been described previously, wherein TSC loss-of-function models  
348 display decreased phosphorylation and enhanced nuclear occupancy of TFEB/TFE3,  
349 with a concomitant increase in S6K phosphorylation<sup>43,44,57</sup>. The inverse pattern is  
350 observed in RHEB KO cells that present largely diminished mTORC1 activity (shown  
351 as strongly decreased S6K phosphorylation), but elevated TFEB/TFE3

352 phosphorylation<sup>50</sup>. In sum, the data presented in our study add to a growing body of  
353 work supporting the substrate-selective regulation of mTORC1 downstream of the  
354 TSC–RHEB signaling axis.

355

356 Collectively, our findings reveal a TSC1-mTORC1-TSC1 feedback inhibition loop that  
357 operates locally at lysosomes to coordinate compartmentalized mTORC1 signaling.  
358 According to this model, hyperactivation of mTORC1 on lysosomes would cause  
359 enhanced phosphorylation and stabilization of TSC1, which, in turn, would suppress  
360 lysosomal mTORC1 activity to restore a steady-state transcriptional program  
361 downstream of TFEB/TFE3 activation. Such a regulatory signaling circuit enables cells  
362 to homeostatically fine-tune anabolic and catabolic cellular processes in response to  
363 fluctuations in nutrient and growth factor signals that integrate on lysosomal mTORC1.

364

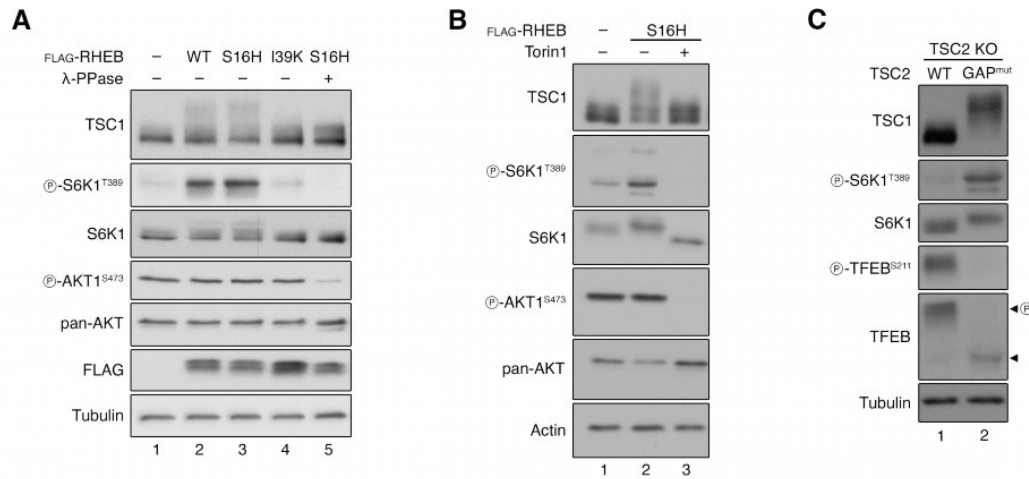


Figure 1

365

366 **Figure 1. mTORC1 hyperactivation drives TSC1 phosphorylation.**

367 **(A)** Immunoblots with lysates from HEK293FT cells transiently expressing FLAG-  
368 tagged wild-type RHEB (WT), active RHEB<sup>S16H</sup> (S16H), or inactive RHEB<sup>I39K</sup> (I39K), or  
369 an empty vector as control (-), probed with the indicated antibodies. Lambda  
370 phosphatase ( $\lambda$ -PPase) treatment was used to remove phosphorylation from the  
371 indicated proteins. n = 3 independent experiments.

372 **(B)** Immunoblots with lysates from HEK293FT cells transiently expressing FLAG-  
373 tagged RHEB<sup>S16H</sup> or an empty vector, treated with Torin1 (250 nM, 1 h) or DMSO as  
374 control, probed with the indicated antibodies. n = 3 independent experiments.

375 **(C)** Immunoblots with lysates from TSC2 KO HEK293FT cells stably expressing wild-  
376 type human TSC2 (WT) or the N1643K GAP-inactive hTSC2 mutant (GAP<sup>mut</sup>), probed  
377 with the indicated antibodies. n = 3 independent experiments.

378 See also Figures S1 and S2.

379

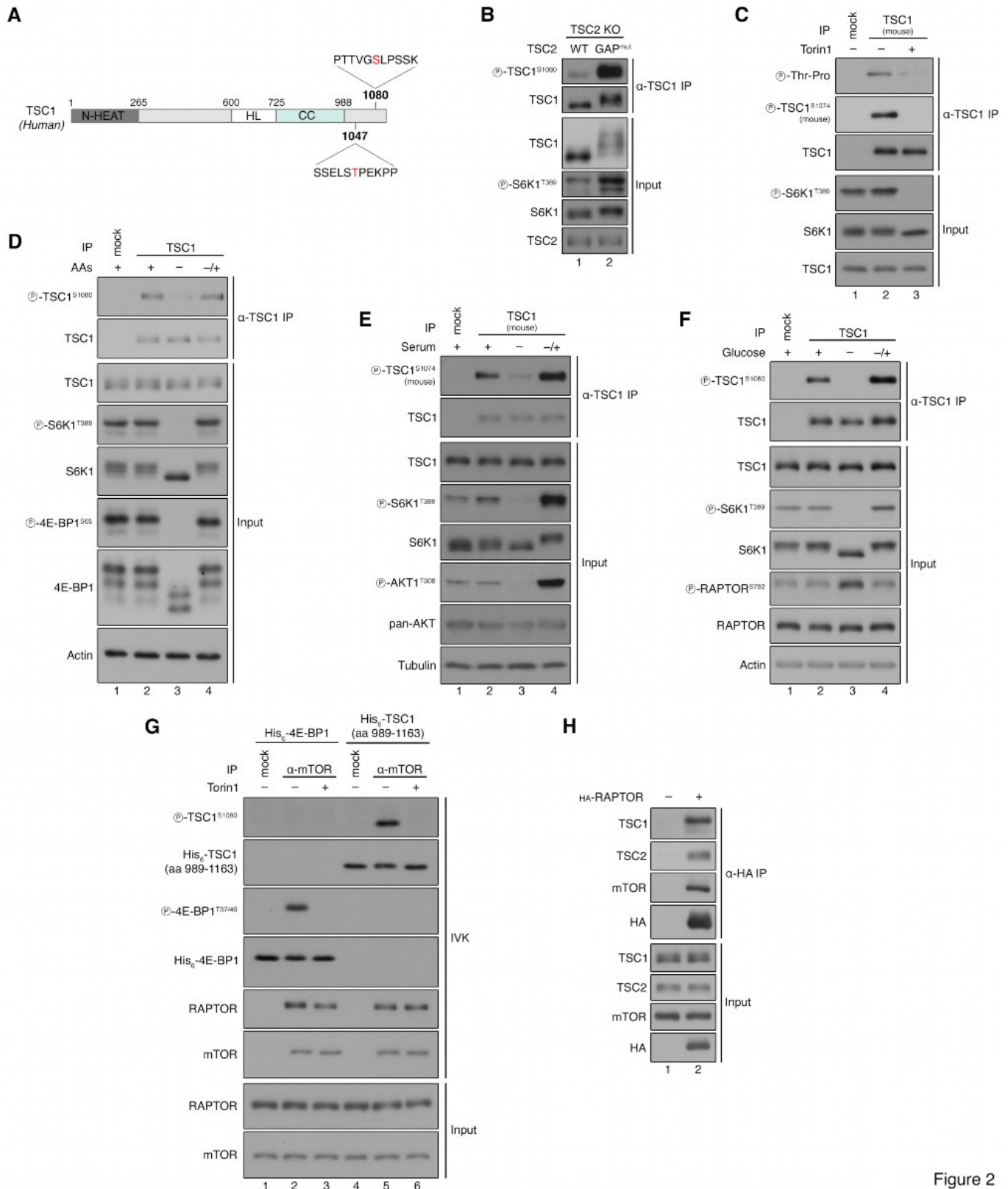


Figure 2

380

381 **Figure 2. TSC1 is a direct, physiological mTORC1 substrate.**

382 **(A)** Schematic representation of the mTOR-dependent phosphorylation sites on  
 383 human TSC1 protein, identified by phospho-proteomics. The amino acid sequence

384 surrounding positions T1047 and S1080 is shown, as well as the position of the N-  
385 terminal HEAT (N-HEAT), the helical linker (HL) and the coiled-coil (CC) TSC1  
386 domains.

387 **(B)** Endogenous TSC1 immunoprecipitation (IP) from TSC2 KO HEK293FT cells  
388 stably expressing wild-type human TSC2 (WT) or the N1643K GAP-inactive hTSC2  
389 mutant ( $GAP^{mut}$ ), followed by immunoblotting with the indicated antibodies.  $n = 3$   
390 independent experiments.

391 **(C)** Endogenous TSC1 immunoprecipitation from MEFs treated with Torin1 (250 nM,  
392 1 hr) or DMSO as control, followed by immunoblotting with the indicated antibodies.  $n$   
393 = 3 independent experiments.

394 **(D)** Endogenous TSC1 immunoprecipitation (IP) from HEK293FT cells treated with  
395 media containing or lacking amino acids (AAs), in basal (+), starvation (-), or add-back  
396 (-/+ ) conditions, followed by immunoblotting with the indicated antibodies.  $n = 3$   
397 independent experiments.

398 **(E)** Endogenous TSC1 immunoprecipitation (IP) from MEFs treated with media  
399 containing or lacking serum, in basal (+), starvation (-), or add-back (-/+ ) conditions,  
400 followed by immunoblotting with the indicated antibodies. Note that S1080 in human  
401 TSC1 corresponds to S1074 in mouse TSC1.  $n = 3$  independent experiments.

402 **(F)** Endogenous TSC1 immunoprecipitation (IP) from HEK293FT cells treated with  
403 media containing or lacking glucose, in basal (+), starvation (-), or add-back (-/+ )  
404 conditions, followed by immunoblotting with the indicated antibodies.  $n = 3$   
405 independent experiments.

406 **(G)** *In vitro* kinase assays with endogenous mTOR immunopurified from HEK293FT  
407 cells, using recombinant His<sub>6</sub>-tagged TSC1<sup>989-1163</sup> as a substrate. Recombinant His<sub>6</sub>-  
408 tagged 4E-BP1 was used as a positive control. Substrate phosphorylation detected by  
409 immunoblotting. Addition of Torin1 (250 nM) to the tubes 10 min before the initiation of

410 the IVK reactions was used to confirm mTOR-dependent substrate phosphorylation. n  
411 = 2 independent experiments.

412 **(H)** Co-immunoprecipitation experiments with lysates from HEK293FT cells transiently  
413 expressing HA-tagged RAPTOR or a control vector reveal binding of mTORC1 to  
414 endogenous TSC1 and TSC2. The input and anti-HA IP samples were analyzed by  
415 immunoblotting with the indicated antibodies. n = 3 independent experiments.

416 See also Figures S3 and S4.

417

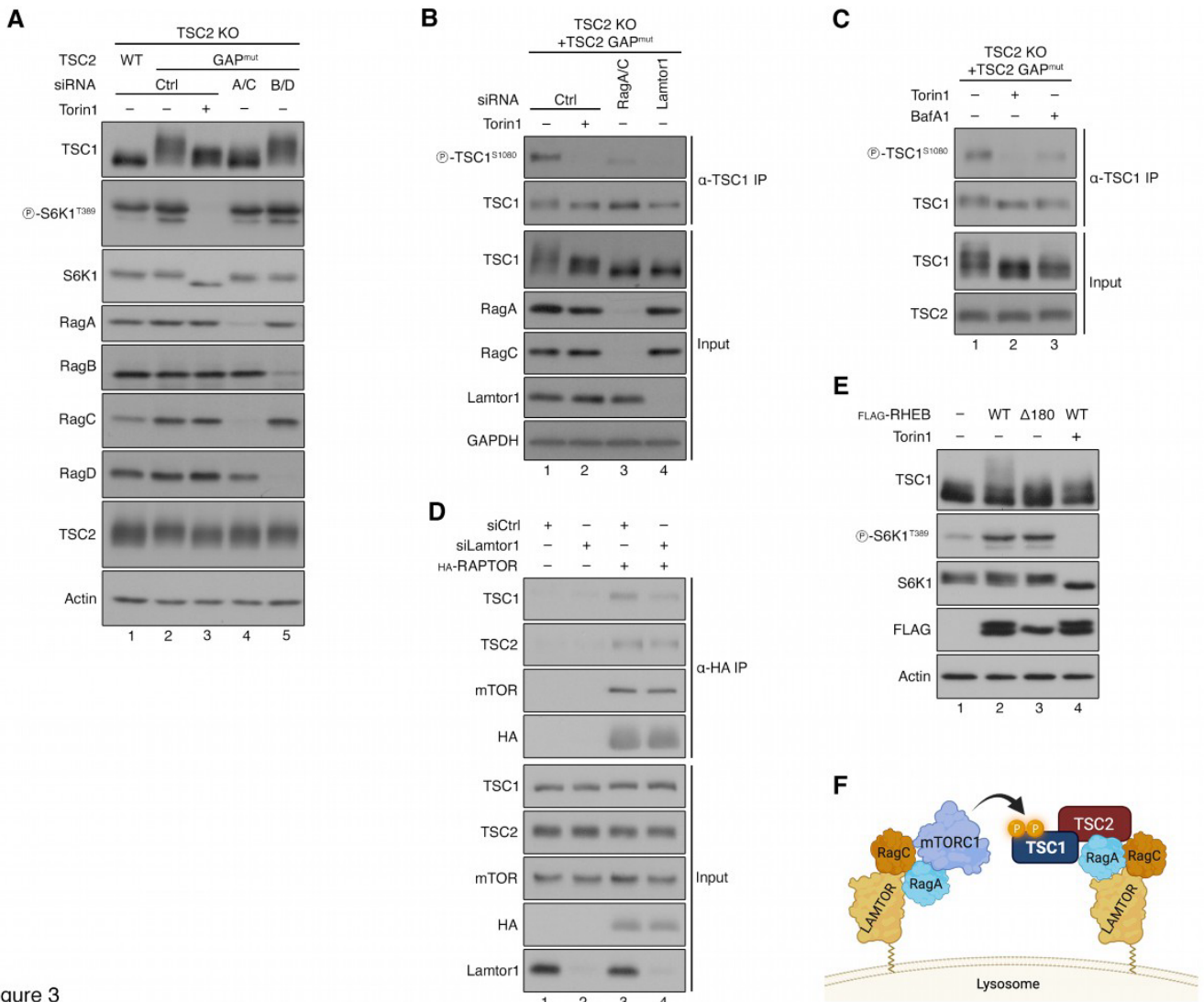


Figure 3

418

419 **Figure 3. TSC1 phosphorylation requires intact lysosomal mTORC1 signaling.**

420 **(A)** Immunoblots with lysates from TSC2 KO HEK293FT cells stably expressing wild-  
 421 type human TSC2 (WT) or the N1643K GAP-inactive hTSC2 mutant (GAP<sup>mut</sup>) and  
 422 transfected with siRNAs targeting RagA/C, RagB/D, or Luciferase as a control, probed  
 423 with the indicated antibodies. Torin1 (250 nM, 1 h) was used to inhibit mTOR. n = 3  
 424 independent experiments.

425 **(B)** Endogenous TSC1 immunoprecipitation from TSC2 KO HEK293FT cells stably  
 426 expressing the N1643K GAP-inactive hTSC2 mutant (GAP<sup>mut</sup>) and transfected with  
 427 siRNAs targeting RagA/C, Lamtor1, or Luciferase as a control, probed with the

428 indicated antibodies. Torin1 (250 nM, 1 h) was used to inhibit mTOR. n = 3 independent  
429 experiments.

430 **(C)** Endogenous TSC1 immunoprecipitation from TSC2 KO HEK293FT cells stably  
431 expressing the N1643K GAP-inactive hTSC2 mutant (GAP<sup>mut</sup>), treated with Torin1  
432 (250 nM, 1 h) or Bafilomycin A1 (100 nM, 8 h), probed with the indicated antibodies. n  
433 = 3 independent experiments.

434 **(D)** Co-immunoprecipitation experiments with lysates from HEK293FT cells transiently  
435 expressing HA-tagged RAPTOR or a control vector and transfected with siRNAs  
436 targeting Lamtor1, or Luciferase as a control. The input and anti-HA IP samples were  
437 analyzed by immunoblotting with the indicated antibodies. n = 3 independent  
438 experiments.

439 **(E)** Immunoblots with lysates from HEK293FT transiently expressing FLAG-tagged  
440 wild-type RHEB (WT) or the farnesylation-deficient RHEB<sup>Δ180</sup> mutant (Δ180), treated  
441 with Torin1 (250 nM, 1 h) or DMSO as control, probed with the indicated antibodies. n  
442 = 2 independent experiments.

443 **(F)** Schematic model illustrating the LAMTOR- and Rag-dependent phosphorylation  
444 of TSC1 on the lysosomal surface. See text for details.

445

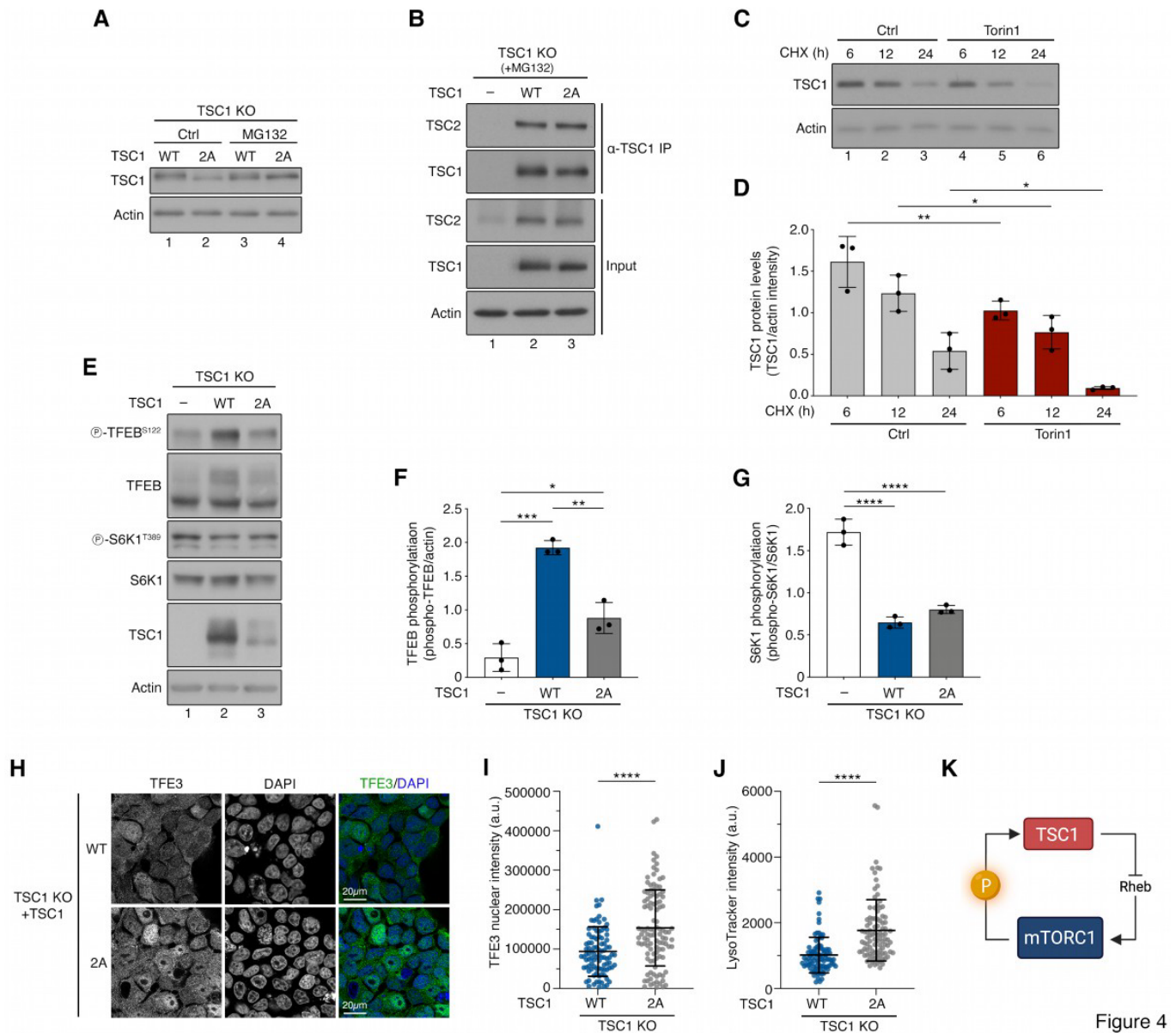


Figure 4

446

447 **Figure 4. mTORC1-dependent TSC1 phosphorylation promotes its stability and**  
 448 **modulates lysosomal signaling.**

449 **(A)** Immunoblots with lysates from TSC1 KO HEK293FT cells transiently expressing  
 450 wild-type TSC1 (WT) or the phospho-dead TSC1<sup>2A</sup> mutant (2A), treated with MG132  
 451 (10  $\mu$ M, 8 h) or DMSO as control, probed with the indicated antibodies. n = 3  
 452 independent experiments.

453 **(B)** TSC1 immunoprecipitation from TSC1 KO HEK293FT cells transiently expressing  
 454 wild-type TSC1 (WT) or the phospho-dead TSC1<sup>2A</sup> mutant (2A), followed by

455 immunoblotting with the indicated antibodies. Cells were treated with MG132 (10  $\mu$ M,  
456 8 h) to block proteasomal degradation. n = 3 independent experiments.

457 **(C-D)** Immunoblots with lysates from MEFs treated with cycloheximide (CHX, 100  $\mu$ M)  
458 alone or in combination with Torin1 (250 nM) for the indicated time points (C).  
459 Quantification of TSC1 protein levels in (D). n = 3 independent experiments

460 **(E-G)** Immunoblots with lysates from TSC1 KO HEK293FT cells transiently expressing  
461 wild-type TSC1 (WT) or the phospho-dead TSC1<sup>2A</sup> mutant (2A), probed with the  
462 indicated antibodies (E). Quantification of TFEB phosphorylation and S6K1  
463 phosphorylation in (F) and (G), respectively. n = 3 independent experiments.

464 **(H-I)** TFE3 localization analysis in TSC1 KO HEK293FT cells transiently expressing  
465 wild-type TSC1 (WT) or the phospho-dead TSC1<sup>2A</sup> mutant (2A), using confocal  
466 microscopy (H). Quantification of TFE3 nuclear intensity (arbitrary units, a.u.) in (I). n  
467 = 95-108 individual nuclei.

468 **(J)** Quantification of LysoTracker signal intensity (arbitrary units, a.u.) from TSC1 KO  
469 HEK293FT cells transiently expressing wild-type TSC1 (WT) or the phospho-dead  
470 TSC1<sup>2A</sup> mutant (2A). n = 96 individual cells.

471 **(K)** Schematic model of the TSC1-mTORC1-TSC1 negative feedback loop. Elevated  
472 lysosomal mTORC1 activity drives TSC1 phosphorylation in specific residues that  
473 prevents its proteasome-mediated degradation. In turn, phosphorylated TSC1  
474 preferentially downregulates lysosomal mTORC1 signaling, thus activating TFEB-  
475 dependent lysosome biogenesis (see also text for details).

476 Data in graphs shown as mean  $\pm$  SD. \* $p$  < 0.05, \*\* $p$  < 0.01, \*\*\* $p$  < 0.001, \*\*\*\* $p$  <  
477 0.0001.

478

479 **Methods**

480 **Cell culture**

481 All cell lines were grown at 37 °C, 5% CO<sub>2</sub>, cultured in high-glucose Dulbecco's  
482 Modified Eagle Medium (DMEM) (#41965039, Gibco), supplemented with 10% fetal  
483 bovine serum (FBS) (#F7524, Sigma; #P30-3306, PAN-Biotech; #FBS.HP.0500,  
484 Bio&SELL) and 1x Penicillin-Streptomycin (#15140122, Gibco; #P4333-100ML,  
485 Sigma).

486

487 Human female embryonic kidney HEK293FT cells were purchased from Invitrogen  
488 (#R70007, Invitrogen; RRID: CVCL\_6911), human osteosarcoma U2OS cells (#HTB-  
489 96, ATCC; RRID: CVCL\_0042) were generously provided by Nils-Göran Larsson (MPI-  
490 AGE), and control MEFs were generously provided by Kun-Liang Guan. The identity  
491 of the HEK293FT cells was validated by the Multiplex human Cell Line Authentication  
492 test (Multiplexion GmbH), which uses a single-nucleotide polymorphism (SNP) typing  
493 approach, and was performed as described at [www.multiplexion.de](http://www.multiplexion.de). All cell lines were  
494 regularly tested for *Mycoplasma* contamination, using a PCR-based approach and  
495 were confirmed to be *Mycoplasma*-free.

496

497 **Cell culture treatments**

498 For amino acid (AA) starvation experiments, custom-made starvation media were  
499 formulated according to the Gibco recipe for high-glucose DMEM, omitting all AAs. The  
500 media were filtered through a 0.22 µm filter device and tested for proper pH (pH 7.4)  
501 and osmolality before use. For the respective treatments under AA-replete conditions,  
502 commercially available high-glucose DMEM media were used. All treatment media  
503 were supplemented with 10% dialyzed FBS (dFBS) and 1x Penicillin-Streptomycin.  
504 For this purpose, FBS was dialyzed against 1x PBS through a 3,500 MWCO (molecular

505 weight cut-off) dialysis tubing. For AA starvation, culture media were replaced with  
506 starvation media for 1 hour. For AA add-back experiments, cells were first starved as  
507 described above, and then starvation media were replaced with complete media  
508 supplemented with 10% dFBS and 1x Penicillin-Streptomycin for 30 minutes. For  
509 glucose starvation, cells were cultured for 16 hours in DMEM without Glucose  
510 (#11966025, Gibco) supplemented with 10% dFBS and 1x Penicillin-Streptomycin. For  
511 glucose add-back, cells were first starved for glucose as described above, and media  
512 were replaced by high-glucose DMEM supplemented with 10% dFBS and 1x Penicillin-  
513 Streptomycin for 2 hours. For growth factor starvation, cells were cultured for 16 hours  
514 in high-glucose DMEM supplemented with 1x Penicillin-Streptomycin, without FBS.  
515 For growth factor add-back, FBS was added drop-wise to the cells at 10% final  
516 concentration for 10 minutes. For Bafilomycin A1 treatment (#BML-CM110-0100,  
517 Enzo), the drug was added to the media to a final concentration of 100 nM for 8 hours.  
518 Torin1 (#4247, Tocris Bioscience) was added to the media at a final concentration of  
519 250 nM for 1 hour. For proteasome inhibition, MG132 (#M7449, Sigma) was added to  
520 the media at a final concentration of 10  $\mu$ M for 8 hours. To block protein synthesis,  
521 cycloheximide (#239763, Sigma) was added to the media at a final concentration of  
522 100  $\mu$ M as indicated in the figure legends.

523

## 524 **Antibodies**

525 The custom-made, rabbit polyclonal phospho-specific antibody recognizing TSC1  
526 when phosphorylated at S1080 (phospho-TSC1<sup>S1080</sup>) was produced by immunizing  
527 animals with a synthetic KLH (Keyhole Limpet Hemocyanin)-conjugated phospho-  
528 peptide corresponding to residues around S1080 of human TSC1:  
529 IPTTVG(pS)LPSSKS. The peptide sequence is 100% identical to the respective  
530 mouse TSC1 protein sequence. Antibody generation (peptide synthesis, immunization,

531 and affinity purification of rabbit anti-sera) was outsourced to Davids Biotechnologie  
532 GmbH (Regensburg, Germany). A list of all primary antibodies used in this study is  
533 found in Table S2.

534

#### 535 **mRNA isolation and cDNA synthesis**

536 Total mRNA was isolated from cells using a standard TRIzol/chloroform-based method  
537 (#15596018, Invitrogen) according to the manufacturer's instructions. For cDNA  
538 synthesis, mRNA was transcribed to cDNA using the RevertAid H Minus Reverse  
539 Transcriptase kit (#EP0451, Thermo Scientific) according to the manufacturer's  
540 instructions.

541

#### 542 **Plasmids and Molecular Cloning**

543 The pITR-TTP2-bsd (for TSC1 re-expression) and pITR-TTP2-puro (for TSC2 re-  
544 expression) vectors were described previously <sup>50</sup>. Full-length human TSC1 was  
545 subcloned from the corrected pRK7-FLAG-TSC1 plasmid (described in <sup>17</sup>) into the SfiI  
546 and NotI restriction sites of pITR-TTP2-bsd. The TSC1<sup>T1047A</sup>, and TSC1<sup>S1080A</sup> mutants  
547 were generated by site-directed mutagenesis using appropriate DNA oligos, and  
548 cloned into the BstEII and NotI restriction sites of the pITR-TTP2-TSC1-bsd vector. A  
549 vector expressing human TSC1 spanning amino acids 989-1163 was generated by  
550 PCR amplification of the respective region from pITR-TTP2-TSC1-bsd, and cloning  
551 into the NcoI and NotI restriction sites of a pETM11 vector. The respective pETM11  
552 vector expressing His<sub>6</sub>-4E-BP1 was described previously <sup>35</sup>. The TSC2<sup>N1643K</sup> GAP-  
553 inactive mutant (GAP<sup>mut</sup>) was generated by site-directed mutagenesis using  
554 appropriate DNA oligos, and cloned into the Bsu36I and EcoRV restriction sites of  
555 pcDNA3-FLAG-TSC2 (Addgene plasmid #14129). Full-length human TSC2<sup>WT</sup> and  
556 TSC2<sup>N1643K</sup> were subcloned from the pcDNA3-FLAG-TSC2 expression vectors into the

557 Sfil and ClaI restriction sites of pITR-TTP2-puro. The vector expressing TSC2 lacking  
558 the 424 N-terminal amino acids (TSC2<sup>425-1784</sup>; ΔT1BD) was described in <sup>17</sup>; and the  
559 pcDNA3-FLAG-RHEB<sup>WT</sup> and RHEB<sup>S16H</sup> expression vectors were described in <sup>25</sup>. The  
560 pRK5-HA-RAPTOR (plasmid #8513) and pSpCas9(BB)-2A-Puro (pX459) V2.0 vectors  
561 (plasmid #62988) were purchased from Addgene. All restriction enzymes were  
562 purchased from Thermo Scientific. The integrity of all constructs was verified by  
563 sequencing. All oligonucleotides used in this study are listed in Table S3.

564

### 565 **Plasmid DNA transfections**

566 Plasmid DNA transfections in HEK293FT cells were performed using X-tremeGENE  
567 HP transfection reagent (#06366236001, Roche) in a 3:1 DNA/transfection reagent  
568 ratio according to the manufacturer's instructions. For experiments using RHEB  
569 expression vectors, the Effectene transfection reagent (#301425, QIAGEN) was used  
570 according to the manufacturer's instructions. The respective pcDNA3-FLAG, pcDNA3-  
571 HA, or pITR-TTP2 empty vectors were used as controls for transfection experiments.

572

### 573 **Generation of knockout cell lines**

574 The HEK293FT TSC1 KO cells were described previously <sup>58</sup>. The TSC2 KO  
575 HEK293FT cell lines were generated using the pX459-based CRISPR/Cas9 method,  
576 as described elsewhere <sup>59</sup>. The sgRNA expression vector was generated by cloning  
577 appropriate DNA oligonucleotides (Table S3) into the BbsI restriction sites of pX459  
578 (#62988, Addgene). An empty pX459 vector was used to generate matching control  
579 cell lines. In brief, transfected cells were selected with 3 μg/mL puromycin (#A1113803,  
580 Gibco) 36-40 hours post transfection. Single-cell clones were generated by FACS-  
581 sorting into 96-well plates, and knockout clones were validated by immunoblotting and  
582 functional assays.

583

## 584 **Generation of stable cell lines**

585 The polyclonal reconstituted HEK293FT TSC2 KO cell lines stably expressing TSC2<sup>WT</sup>  
586 and TSC2<sup>N1643K</sup> were generated using the doxycycline-inducible, Sleeping Beauty-  
587 based pITR-TTP2 transposon system<sup>60,61</sup>. In brief, TSC2 KO cells were co-transfected  
588 with pITR-TSC2<sup>WT</sup> or pITR-TSC2<sup>N1643K</sup> and the transposase-expressing pCMV-Trp  
589 vector in a 10:1 ratio. Forty hours post-transfection, cells were selected with 3 µg/mL  
590 puromycin (#A1113803, Gibco). The polyclonal cell lines were subsequently  
591 maintained in media containing the selection agent. Doxycycline-induced expression  
592 from the integrated plasmid was tested by treating the cells overnight with 1 µg/mL  
593 doxycycline (#D9891, Sigma). For experiments, all cell lines were used without  
594 doxycycline induction to allow for low-level, leaky TSC2 expression.

595

## 596 **Gene silencing experiments**

597 Transient knockdown of *RRAGA*, *RRAGB*, *RRAGC*, *RRAGD*, and *LAMTOR1* was  
598 performed using siGENOME (pool of 4) gene-specific siRNAs (Horizon Discoveries).  
599 An siRNA duplex targeting the *R. reniformis* luciferase gene (RLuc) (#P-002070-01-  
600 50, Horizon Discoveries) was used as control. Transfections were performed using 20  
601 nM siRNA and the Lipofectamine RNAiMAX transfection reagent (#13778075,  
602 Invitrogen), according to the manufacturer's instructions. Cells were collected 72 hours  
603 post-transfection and knockdown efficiency was verified by immunoblotting.

604

## 605 **Cell lysis and immunoblotting**

606 For standard SDS-PAGE and immunoblotting experiments, cells from one well of a 12-  
607 well plate were treated as indicated in the figures and lysed in 120-200 µL of ice-cold  
608 Triton lysis buffer (50 mM Tris pH 7.5, 1% Triton X-100, 150 mM NaCl, 50 mM NaF, 2

609 mM Na-vanadate, 0.011 gr/mL beta-glycerophosphate), supplemented with 1x  
610 PhosSTOP phosphatase inhibitors (#04906837001, Roche) and 1x cComplete  
611 protease inhibitors (#11697498001, Roche), for 10 minutes on ice. Lysates were  
612 clarified by centrifugation (14000 rcf, 10 min, 4 °C) and supernatants transferred to a  
613 new tube. Protein concentration was determined using a Protein Assay Dye Reagent  
614 (#5000006, Bio-Rad). Normalized samples were boiled in 1x SDS sample buffer for 5  
615 min at 95 °C (6x SDS sample buffer: 350 mM Tris-HCl pH 6.8, 30% glycerol, 600 mM  
616 DTT, 12.8% SDS, 0.12% bromophenol blue).

617

618 Protein samples were subjected to electrophoretic separation on SDS-PAGE and  
619 analyzed by standard Western blotting techniques. For achieving maximal  
620 electrophoretic resolution of TSC1, lysates were run on a 6% polyacrylamide gel until  
621 the 100 kDa protein marker reached the bottom of the gel. In brief, proteins were  
622 transferred to nitrocellulose membranes (#10600002 or #10600001, Amersham) and  
623 stained with 0.2% Ponceau solution (#33427-01, Serva) to confirm equal loading.  
624 Membranes were blocked with 5% skim milk powder (#42590, Serva) in TBS-T [1x  
625 TBS, 0.1% Tween-20 (#A1389, AppliChem)] for 1 hour at room temperature, washed  
626 three times for 5 min with TBS-T and then incubated with primary antibodies in TBS-T  
627 with 5% bovine serum albumin (BSA; #10735086001, Roche or #8076, Carl Roth)  
628 overnight at 4°C. The next day, membranes were washed three times for 5 min with  
629 TBS-T and incubated with the appropriate HRP-conjugated secondary antibodies  
630 (1:10000 in 5% milk in TBS-T) for 1 hour at room temperature. Signals were detected  
631 by enhanced chemiluminescence (ECL), using ECL Western Blotting Substrate  
632 (#W1015, Promega); or SuperSignal West Femto Substrate (#34095, Thermo  
633 Scientific) for weaker signals. Immunoblot images were captured on films (#28906835,  
634 GE Healthcare; #4741019289, Fujifilm). Blots were scanned and then quantified using

635 GelAnalyzer 19.1. A list of all primary and secondary antibodies used in this study is  
636 provided in Table S2.

637

### 638 **Lambda-phosphatase treatment assays**

639 Cells were lysed in 200  $\mu$ L ice-cold Triton lysis buffer (50 mM Tris pH 7.5, 1% Triton X-  
640 100, 150 mM NaCl) supplemented with 1x EDTA-free cOmplete protease inhibitors  
641 (#11873580001, Roche), as described above. Lysates were cleared by centrifugation  
642 (14000 rcf, 10 min, 4 °C) and 100 units of  $\lambda$ -phosphatase (#P0753, New England  
643 Biolabs) was added to the supernatants, followed by incubation at 30 °C for 30 min.  
644 SDS sample buffer at 1x final concentration was added to the reactions, followed by  
645 boiling for 5 min at 95 °C. Protein lysates were analyzed by immunoblotting as  
646 described above.

647

### 648 **Co-immunoprecipitation (co-IP)**

649 For co-immunoprecipitation experiments, two wells of a near-confluent 6-well plate  
650 were lysed in 0.3 mL CHAPS IP buffer each (50 mM Tris pH 7.5, 0.3% CHAPS, 150  
651 mM NaCl, 50 mM NaF, 2 mM Na-vanadate, 0.011 gr/mL beta-glycerophosphate)  
652 supplemented with 1x PhosSTOP phosphatase inhibitors (#04906837001, Roche) and  
653 1x cOmplete protease inhibitors (#11697498001, Roche) for 10 minutes on ice.  
654 Samples were clarified by centrifugation (14000 rcf, 10 min, 4 °C) and a fraction of the  
655 samples was kept aside as input. For anti-HA IPs, 30  $\mu$ L of pre-washed anti-HA-  
656 agarose beads (#A2095, Sigma) were added to the remaining volume of the  
657 supernatants and the IP samples were incubated at 4 °C in an overhead rotator for 2  
658 h. For anti-TSC1 IPs, cells were lysed in ice-cold Triton lysis buffer (50 mM Tris pH  
659 7.5, 1% Triton X-100, 150 mM NaCl, 50 mM NaF, 2 mM Na-vanadate, 0.011 gr/mL  
660 beta-glycerophosphate), supplemented with 1x PhosSTOP phosphatase inhibitors

661 (#04906837001, Roche) and 1x cOmplete protease inhibitors (#11697498001,  
662 Roche), for 10 minutes on ice and a fraction of the samples was kept aside as input.  
663 The remaining volume of the supernatants was incubated with 1  $\mu$ L anti-TSC1 antibody  
664 (#6935, Cell Signaling Technology) at 4 °C in an overhead rotator for 3 h, followed by  
665 incubation with 30  $\mu$ L pre-washed Protein A agarose bead slurry (#11134515001,  
666 Roche) for an additional hour at 4 °C in an overhead rotator. Beads were then washed  
667 three times with CHAPS IP wash buffer (50 mM Tris pH 7.5, 0.3% CHAPS, 150 mM  
668 NaCl, 50 mM NaF) or Triton IP wash buffer (50 mM Tris pH 7.5, 1% Triton X-100, 150  
669 mM NaCl, 50 mM NaF) and boiled in 2x SDS loading buffer. Samples were analyzed  
670 by SDS-PAGE and the presence of co-immunoprecipitated proteins was detected by  
671 immunoblotting using appropriate antibodies.

672

### 673 **Production of recombinant His<sub>6</sub>-tagged 4E-BP1 and His<sub>6</sub>-tagged TSC1<sup>989-1163</sup>** 674 **proteins in bacteria**

675 Recombinant His<sub>6</sub>-tagged 4E-BP1 and His<sub>6</sub>-tagged TSC1<sup>989-1163</sup> proteins were  
676 produced by transforming *E. coli* BL21 RP chemically competent bacteria with the  
677 respective pETM11-4E-BP1 and pETM11-TSC1<sup>989-1163</sup> vectors described above,  
678 according to standard procedures. In brief, protein expression was induced with IPTG  
679 (isopropyl- $\beta$ -D-thiogalactopyranoside) for 4 hours at 30 °C, and His<sub>6</sub>-tagged proteins  
680 were purified using Ni-NTA agarose (#1018244, QIAGEN) and eluted with 250 mM  
681 imidazole (#A1073, Applichem).

682

### 683 **mTORC1 *in vitro* kinase (IVK) assays**

684 *In vitro* mTORC1 kinase assays were developed based on previous reports using  
685 endogenous mTOR complexes immunopurified from HEK293FT cells <sup>58,62,63</sup>. In brief,  
686 cells of a near-confluent 10 cm dish were lysed in CHAPS IP buffer (50 mM Tris pH

687 7.5, 0.3% CHAPS, 150 mM NaCl, 50 mM NaF, 2 mM Na-vanadate, 0.011 gr/ml beta-  
688 glycerophosphate) supplemented with 1x PhosSTOP phosphatase inhibitors  
689 (#04906837001, Roche) and 1x cComplete protease inhibitors (#11836153001, Roche)  
690 for 10 min on ice. Samples were clarified by centrifugation (14000 rcf, 10 min, 4 °C),  
691 supernatants were collected and a fraction was kept aside as input material. The  
692 remaining supernatants were subjected to immunoprecipitation by incubation with 2 µL  
693 anti-mTOR antibody (#2983, Cell Signaling Technology) for 3 hours (4 °C, rotating),  
694 followed by incubation with 30 µL of pre-washed Protein A agarose bead slurry  
695 (#11134515001, Roche) for an additional hour (4 °C, rotating). Beads were then  
696 washed four times with CHAPS IP wash buffer (50 mM Tris pH 7.5, 0.3% CHAPS, 150  
697 mM NaCl, 50 mM NaF) and once with kinase wash buffer (25 mM HEPES pH 7.4, 20  
698 mM KCl). Kinase reactions were prepared by adding 10 µL 3x kinase assay buffer (75  
699 mM HEPES/KOH pH 7.4, 60 mM KCl, 30 mM MgCl<sub>2</sub>) to the beads. Reactions were  
700 started by adding 10 µL of kinase assay start buffer (25 mM HEPES/KOH pH 7.4, 140  
701 mM KCl, 10 mM MgCl<sub>2</sub>), supplemented with 500 µM ATP and 35 ng recombinant His<sub>6</sub>-  
702 4E-BP1 or 50 ng recombinant His<sub>6</sub>-TSC1<sup>989-1163</sup> substrates. All reactions were  
703 incubated at 30 °C for 30 min, and stopped by the addition of one volume 2x SDS  
704 sample buffer and boiling for 5 min at 95 °C. For mTOR inhibition, 250 nM Torin1 was  
705 added in the tubes for 10 min at room temperature before starting the IVK reactions.  
706 Samples were run in SDS-PAGE, and the mTORC1-mediated phosphorylation on 4E-  
707 BP1<sup>T37/46</sup> and TSC1<sup>S1080</sup> was detected by immunoblotting with the respective phospho-  
708 specific antibodies.

709

### 710 **Immunofluorescence and confocal microscopy for TFE3 localization**

711 For TFE3 staining, cells were seeded on glass coverslips coated with 50 µg/mL  
712 fibronectin (#G1393, Sigma) and fixed with 4% paraformaldehyde (PFA) (#28908,

713 Thermo Scientific) in 1x PBS (10 min, room temperature), followed by a  
714 permeabilization step with 0.1% Triton X-100 for 10 min. Cells were blocked in 1%  
715 BSA in PBS for 45 minutes. Staining with an anti-TFE3 antibody diluted 1:200 in  
716 blocking solution was performed overnight at 4 °C. On the next day, coverslips were  
717 washed three times with PBS and then stained with highly cross-adsorbed fluorescent  
718 secondary antibodies (Donkey anti-Rabbit Alexa Fluor 488, Jackson  
719 ImmunoResearch) diluted 1:200 in blocking solution for 1 hour. Nuclei were stained  
720 with DAPI (#A1001, VWR) (1:6000 in PBS) for 10 min and coverslips were washed two  
721 times for 10 min with PBS before mounting on glass slides with Fluoromount-G (#00-  
722 4958-02, Invitrogen). All images were acquired on an SP8 Leica confocal microscope  
723 (TCS SP8 X, Leica Microsystems) using a 40x oil objective lens. Image acquisition  
724 was performed using the LAS X software (Leica Microsystems). Images from single  
725 channels are shown in grayscale, whereas in merged images Alexa Fluor 488 is shown  
726 in green and DAPI in blue. Brightness and contrast were adjusted for visualization  
727 purposes using Fiji (<https://imagej.net/software/fiji/downloads>)<sup>64</sup>. Alterations were  
728 applied to the entire image, keeping the parameters identical between all images of  
729 the same channel in the panel.

730

731 For the assessment of TFE3 nuclear localization, signal intensity was measured using  
732 regions-of-interest (ROIs) corresponding to the nuclei of 95 individual TSC1<sup>WT</sup>-  
733 expressing cells from 5 independent representative images; and the nuclei of 108  
734 individual TSC1<sup>2A</sup>-expressing cells from 4 independent representative images.  
735 Integrated density was calculated using the Fiji software<sup>64</sup>, representing the sum of  
736 the values of all pixels in the given ROI.

737

738

739 **LysoTracker staining and quantification of LysoTracker intensity**

740 For LysoTracker staining experiments, cells were seeded on fibronectin-coated  
741 coverslips and grown until they reached 80-90% confluency. Lysosomes were stained  
742 by the addition of 100 nM LysoTracker Red DND-99 (#L7528, Invitrogen) in the media  
743 for 1 hour. Cells were then fixed with 4% PFA in PBS for 10 min at room temperature,  
744 washed and permeabilized with PBT solution (1x PBS, 0.1% Tween-20), and nuclei  
745 stained with DAPI (1:2000 in PBT) for 10 min. Coverslips were mounted on slides using  
746 Fluoromount-G (#00-4958-02, Invitrogen). All images were captured on an SP8 Leica  
747 confocal microscope (TCS SP8 X, Leica Microsystems) using a 40x oil objective lens.  
748 Image acquisition was performed using the LAS X software (Leica Microsystems).

749

750 Signal intensity was calculated using the Fiji software <sup>64</sup>. Regions-of-interest (ROIs)  
751 were determined for 96 cells from 8 independent representative images per condition  
752 and integrated density was calculated, representing the sum of the values of all pixels  
753 in the given ROI.

754

755 **Phosphosite identification on TSC1 by mass-spectrometry**

756 *Sample preparation*

757 For the identification of putative mTOR-dependent phosphosites on TSC1, anti-TSC1  
758 IPs were performed as described above using HEK293FT cells (one full 6-well plate  
759 per condition) transiently expressing FLAG-tagged RHEB<sup>S16H</sup> with or without Torin1  
760 treatment (250 nM, 1h) before lysis. After washing the beads in IP wash buffer,  
761 immunoprecipitated proteins were washed three times in 50 mM Tris (pH 7.5) and  
762 eluted in 100  $\mu$ L elution buffer [5 ng/ $\mu$ L Trypsin, 50 mM Tris pH7.5, 1 mM TCEP (Tris(2-  
763 carboxyethyl)phosphine), 5 mM CAA (chloroacetamide)] for 1 hour at room  
764 temperature. After elution, supernatants were transferred to 0.5 mL tubes and

765 incubated at 37 °C overnight to ensure complete tryptic digestion. Digestion was  
766 stopped by adding 50% formic acid (FA) to the reaction at a final concentration of 1%.  
767 Samples were centrifuged at 20,000 x g for 10 min at room temperature and  
768 supernatants were collected. C-18-SD StageTips were washed and equilibrated  
769 sequentially with 200 µL methanol, 200 µL 40% ACN (acetonitrile)/0.1% FA and 200  
770 µL 0.1% FA by centrifugation, each step for 1 min at room temperature. Samples were  
771 diluted with 0.1% FA, loaded on StageTips and centrifuged for 1-2 min at room  
772 temperature. StageTips were then washed twice with 200 µL 0.1% FA. Tryptic peptides  
773 were eluted from StageTips with 100 µL 40% acetonitrile (ACN)/0.1% FA by  
774 centrifugation (300 x g, 4 min, RT). Eluates were dried in a Speed-Vac at 45 °C for 1  
775 hour and resuspended in 20 µL 0.1% FA. Peptides were stored at -20°C until LC-  
776 MS/MS analysis.

777

#### 778 *LC-MS/MS analysis*

779 Peptides were separated on a 25 cm, 75 µm internal diameter PicoFrit analytical  
780 column (New Objectives) packed with 1.9 µm ReproSil-Pur 120 C18-AQ media  
781 (#r119.aq., Dr. Maisch) using an EASY-nLC 1200 (Thermo Fisher Scientific). The  
782 column was maintained at 50°C. Buffer A and B were 0.1% formic acid in water and  
783 0.1% formic acid in 80% acetonitrile. Peptides were separated on a segmented  
784 gradient from 6% or 3% to 31% buffer B for 45 min at 200 nL/min. Eluting peptides  
785 were analyzed on a QExactive HF mass spectrometer (Thermo Fisher Scientific).  
786 Peptide precursor m/z measurements were carried out at 60000 resolutions in the 300  
787 to 1800 m/z range. The most intense precursors with charge state from 2 to 7 only  
788 were selected for HCD fragmentation using 25% normalized collision energy. The m/z  
789 values of the peptide fragments were measured at a resolution of 30000 using an AGC

790 target of 2e5 and, 80 ms maximum injection time. Upon fragmentation, precursors  
791 were put on a dynamic exclusion list for 45 sec.

792

### 793 *Protein identification and quantification*

794 The raw data were analyzed with MaxQuant version 1.6.1.0<sup>65</sup>. Peptide fragmentation  
795 spectra were searched against the reviewed sequences for human or the sequence  
796 for TSC1 only. Methionine oxidation, protein N-terminal acetylation, and Phospho  
797 (STY) were set as variable modifications; cysteine carbamidomethylation was set as  
798 fixed modification. The digestion parameters were set to “specific” and “Trypsin/P”; the  
799 minimum number of peptides and razor peptides for protein identification was 1; the  
800 minimum number of unique peptides was 0. Protein identification was performed at a  
801 peptide spectrum matches and protein false discovery rate of 0.01. The “second  
802 peptide” option was on. Successful identifications were transferred between the  
803 different raw files using the “Match between runs” option.

804

805 To select putative mTORC1 phosphosites on TSC1 for follow-up experiments, the ratio  
806 of phospho-peptide intensity to total TSC1 peptide intensity was calculated for each  
807 site, and the following filtering criteria were applied: (i) is the site identified as  
808 phosphorylated in the ‘RHEB<sup>S16H</sup>’ sample, and (ii) is the phosphorylation robustly  
809 decreased in the ‘RHEB<sup>S16H</sup> + Torin1’ sample? Sites that fulfill both selection criteria  
810 were used for downstream analyses.

811

### 812 **Statistical analysis**

813 Statistical analysis and presentation of quantification data was performed using  
814 GraphPad Prism (version 10). All relevant information on the statistical details of  
815 experiments is provided in the figure legends. Information on quantifications for each

816 method is also provided in the respective Methods section. Data in all graphs are  
817 shown as mean  $\pm$  SD. For graphs with only two conditions shown (Fig. 4I, 4J),  
818 significance was calculated using Student's t-test (unpaired, two-tailed). For all other  
819 graphs, significance for the indicated pairwise comparisons was calculated using one-  
820 way ANOVA with multiple comparisons test. Sample sizes (n) and significance values  
821 are indicated in figure legends (\*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ , \*\*\*\*  $p < 0.0001$ ).

822

823 All findings were reproducible over multiple independent experiments, within a  
824 reasonable degree of variability between replicates. For most experiments, at least  
825 three independent replicates were performed. The sample size for microscopy  
826 experiments (number of individual cells used for quantifications) is provided in the  
827 respective figure legends. No statistical method was used to predetermine sample  
828 size, which was determined in accordance with standard practices in the field. No data  
829 were excluded from the analyses. The experiments were not randomized, and the  
830 investigators were not blinded to allocation during experiments and outcome  
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832

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844

845 **Author Contributions**

846 Experimental work: A.L.; data analysis: A.L.; project design, conceptualization: A.L.,  
847 C.D.; supervision: C.D.; funding acquisition: C.D.; figure preparation: A.L., C.D.;  
848 manuscript draft: A.L., C.D. Both authors approved the final version of the manuscript  
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850

851 **Declaration of Interests**

852 The authors declare no competing interests.

853

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